

# Elizabeth College Enrichment Program –TERM 1- 2018



Elizabeth College  
inspired resourceful learners

Enrolment in the gym 14<sup>th</sup> Feb. during Home Group, program starts Monday 19<sup>th</sup> Feb. finishes end of term 1

<b>Adventure</b>				
<b>Activity</b>	<b>When</b>	<b>Where</b>	<b>Teacher</b>	<b>Cost</b>
<b>Bike ride &amp; bushwalk – Fern Tree/Wellington Falls</b> A day of mountain bike riding and bushwalking. Starts with an 8km ride through tall forest on the pipeline track which is a gentle gradient on a wide gravel path, followed by a 2km walk up to the Wellington Falls for lunch. Return to the bikes and enjoy the downhill back home.	Full day on weekend Tba	Mt Wellington	P.MacFarlane N108 R.Korn T307	Own bike - Nil Bike Hire \$20
<b>Mt Hotham Ski/Snowboard Tour</b> The tour will be from July 29th to August 3rd. In term 1 you will need to fill in an expression of interest form and organise a deposit. Students will be formerly enrolled in term 2 once a deposit has been paid, so you must also select another enrichment option in term 1.	29/7 – 3/8 Expression of interest meeting 14/2/2018 2.30pm and 16/2/2017 12.45pm F104	Mt Hotham Victoria	S.Cameron F103 L.Schmalfuss F103	\$1950 (\$500 deposit)
<b>Cockle Creek Walk/Camp</b> 3 day base camp at Cockle Creek in the South Coast National Park, Fri 2 <sup>nd</sup> March 1.00pm – Sun 4 <sup>th</sup> March. Beautiful forest camp by the sea, opportunities to swim, relax, as well as walk to Lion Rock (5 hours return). <b>Expression of interest meeting Wed 21<sup>st</sup> Feb 2.30pm in F106.</b> Max 25 students, first in with forms and \$ in by COB Wed 21/2.	Pre-trip meetings Wed 21 <sup>st</sup> and Wed 28 <sup>th</sup> Feb 2.30pm F106.	Cockle Creek	M.Goss B304 H.Watts H102 J.MacDonald D.Purnell	\$40
<b>Pilot for a Day</b> Full day at Par Avion Flight Training, includes a flight lesson where you get a chance to go through the full pre-flight procedure and actually fly the plane, possibly over your house! Find out what it takes to become a pilot and about studying to become a commercial pilot in Tasmania.	Sat 24 <sup>th</sup> March. First meet Thu 22/2 lunch - 12.30pm F104.	Cambridge	S.Cameron F103	\$150.00
<b>Scuba &amp; Snorkel Great Barrier Reef Trip QLD</b> EC's first ever trip to the Great Barrier Reef to Snorkel and/or Scuba Dive on one of the great natural wonders of the world. The trip runs in the first week of term 2 holidays, with options to complete PADI accredited dive courses, advance existing accreditation, or simply go scuba diving (for those who already hold certification) or snorkelling at this world class destination. Deposits due in Term 1 and the balance in Term 2. The trip will count as your Term 2 enrichment, so you must also enrol in another enrichment for Term 1.	7/7 – 11/7 Expression of interest meeting Thursday 15 <sup>th</sup> Feb 12.45pm B306. Pre-trip training TBA	Queensland	J.Hoare B304 Female teacher TBA	\$2200 all inclusive
<b>Scuba Course – Open Water. GODIVE</b> Come and see the Weedy Sea Dragon at Weedy Sea Dragon Alley! The PADI Open Water Dive Course is for the novice/ beginner – no previous experience required. Includes a pool session and weekend accommodation at the Dive Lodge Eaglehawk Neck where you will go on two shore dives at Fortescue Bay and two Deep Water Boat Dives off the Tasman Peninsula (up to 20m).	Information meeting Thursday 22/2 recess T306	Pool, Tasman Peninsula.	C.Sierink T207	\$350

<b>Surfing</b> An opportunity to learn to surf. A full day excursion on a Saturday during term 1 (TBA). All equipment, wet suit, and instruction provided by Coastrider Surf Academy.	First meeting Wed 21 <sup>st</sup> Feb 2.30pm F201 Full Day TBC	Clifton Beach	M.Preston F205 S.Briggs F103	\$30 for the day
<b>Sport and Recreation</b>				
<b>Activity</b>	<b>When</b>	<b>Where</b>	<b>Teacher</b>	<b>Cost</b>
<b>Bowling – Ten Pin</b> Have a bowl and a laugh, make up teams or join a team. Weekly prizes. 5 sessions/games.	Wednesdays 2.30pm - 4.00pm 1 <sup>st</sup> session 22/2	Moonah Bowl	L.Russel T303 F.Moore B201	\$20 – 5 sessions
<b>Badminton</b> All levels welcome to play during the lunch time. Coach will be available from the Southern Tasmanian Badminton Association for specific assistance throughout the program.	Monday lunch 12.30pm – 1.30pm	Gym	D.Heather	\$10 – 6 sessions
<b>Social Volleyball</b> Mixed games, all abilities welcome	Thursday lunch 12.30pm – 1.30pm	Gym	T.Medwin T108	Nil
<b>Floor Hockey</b> Form a team or come and join a team for 4 v 4 games	Wednesday lunch 12.30pm – 1.30pm	Gym	C.Coleman F103	Nil
<b>Basketball</b> Our mixed basketball enrichment sessions are run by Hobart Chargers players. They will be structured training sessions and will involve some match play. Only choose this enrichment if you are serious about improving your basketball and willing to train and play with a high level of intensity.	Tuesday lunch 12.30pm – 1.30pm	Gym	R.Thomas F103	Nil
<b>Futsal</b> Non-stop futsal games – teams of 5	Friday lunch 12.30pm – 1.30pm	Gym	K.Pederson E402	Nil
<b>Tennis (on the Domain all levels)</b> Get a chance to play on the best courts in Tasmania - doubles, singles. Beginners welcome – lessons/coaching for first three sessions. Five sessions total.	5 Wednesdays 2.30pm - 4.00pm	Domain Tennis Centre	S.Verrier N D.Dadswell F206	\$20 for 5 sessions

## Tutorials

<b>Activity: Get help in any of the subjects listed</b>	<b>When</b>	<b>Where</b>	<b>Teacher</b>	<b>Cost</b>
Business Studies	Monday 12.45pm – 1.15pm	T309	K.Pederson E402 H.Watts H102	Nil
Chinese	Tuesday 10.30am – 11.00am	F210	B.Xu H102	Nil
EAL 3	Wednesday Lunch 12.30pm – 1.30pm	F212	D.Dadswell F206	Nil
French	Wednesday Lunch 12.30pm – 1.30pm	F209	S.Gibson E402 A.VanHeijster A304	Nil
German & EAL 1/2	Wednesday Lunch 12.30pm – 1.30pm	F210	M.Genovese F210	Nil
Japanese	Tuesday 10.30am – 11.00am	F209	H.Watts H102	Nil
Maths (all levels)	Friday Lunch 12.30pm – 1.30pm	D108	L.Boyd T303	Nil
Mathematics & Science (all levels) Staff will be available during the timetabled tutorial times in their offices. Students additionally contact staff at other times as required – lunch time, before and after college.				Nil
Maths help for MTS4, MTM4, MTM3 & MTG3	Wednesday Lunch 12.30pm – 1.30pm	T310	M.Graham Smith T302	Nil
Music	Tuesday & Thursday 10.00am – 11.00am	E313	J.MacDonald E313	Nil
Science support (Physical sciences, Chemistry)	Monday 3.10pm – 4.10pm	B310	D.Beswick B302	Nil
Science support (Physical sciences)	Friday 12.30pm-1.30pm	B306	S.Saunders T103	Nil
Science support (Physical sciences, Chemistry)	Tuesday 10.00am-11.00am	Library Sem Room 2	J.Hoare B304	Nil

## Health and fitness

Activity	When	Where	Teacher	Cost
<b>Gym for Girls</b> Weekly opportunity to develop any aspect of fitness - a qualified personal trainer will be available to run the program.	Wednesdays 2.30pm - 3.30pm	Chuggy's gym K Block	M.Young B110 R.Harrison F208	Nil
<b>Learn to B.O.U.N.C.E Resilience Workshops</b> Bad times don't last, learn ways to bounce till things get better. Others can help, if you talk to them, so bounce with someone you trust. Unhelpful thinking can stop you from bouncing. Nobody's perfect, a wobbly bounce is okay. Concentrate on the positives, use gratitude, laughter and kindness to bounce. Everybody gets sad, not just you, so knowing your normal helps with bouncing. 5 x 1.5 hour resilience workshops on building bounciness, sharing ideas, coffee and cookies. Max 12 students.	Wednesdays 2.30pm – 4.00pm 5 sessions	F203	D.Pybus F206	Nil
<b>Move over Anxiety</b> This 'Feldenkrais Method' program is recommended to help alleviate the symptoms of anxiety and stress. You will be guided to do movements that will calm your body, emotions and thinking. Each lesson you will either work on a mat on the floor, or on a chair.	Wednesdays 2.45pm – 3.45pm	F102 Spin Room	N.Harstead A310	Nil
<b>Queens Domain Park Run</b> 5km runs, you against the clock. Saturdays 9am Upper Domain Road Queens Domain. Own transport required to these events run by external provider. <a href="http://www.parkrun.com.au/queensdomain/">http://www.parkrun.com.au/queensdomain/</a>	Saturdays 9am	Domain	J.Schuringa A306	Nil
<b>Self Defence Boxing</b> Boxing – Learn how to defend yourself and get fit at the same time. This term we will also introduce Muay Thai kickboxing into our defence, and go to the next level with our boxing. Beginners are welcome!	Wednesday 2.30-3.30	Gymnasium	J.Clifford T103 S.Saunders	\$5 per term
<b>Strength and conditioning</b> Available every lunch time. Use your own program or get help in designing one for your needs.	Every lunch time 12.30pm – 1.30pm	Chuggy's gym	R.Reed D107	Nil
<b>Yoga</b> Relax, unwind and improve your flexibility through yoga enrichment. This program is suitable for all abilities and is an excellent opportunity to relax during a busy school day.	Tuesday 12.30pm- 1.30pm	Undercroft	A.Crocker N204	\$20 / 8 classes

## Certificate Courses

Activity	When	Where	Teacher	Cost
<b>Barista</b> Participate in the basic barista sessions to get an Elizabeth College certificate. Two groups of 12, 6 sessions. Max 24 per term – year 12's preference, random selection and wait list for terms 2 & 3.	Wednesday 2.30pm – 3.30pm or Tuesday lunch 12.30pm – 1.30pm	Café Tang	B.Hendricks T303 K.Bacon B110	\$5
<b>Get your LI licence</b> This is an opportunity to study for your LI car licence and sit the test here at College. Successful candidates will be given a voucher to take to Service Tasmania where you can collect your Licence once you have paid them the administration fee. Max 20 randomly selected, wait list in terms 2 & 3. No Cost for training.	Tba on homegroup news. Recess or lunchtimes by arrangement.	B104	D.Brown B103	Service Tas admin fee
<b>Recreational boat licence</b> One full day to be confirmed, half theory/test, half practical training. Cost will depend on number of participants. Tuesday 20 <sup>th</sup> March full day.	First meeting Wednesday 21 <sup>st</sup> Feb 2.30pm in F104	DSS Battery Point	C.Dergess E506 S.Cameron F103	\$70
<b>RSA</b> An opportunity to get your Responsible Service of Alcohol certificate. Three weeks of classes and three weeks of supported online learning. Laptop useful for first session and some supplied. No money required unless you complete course and receive certificate. Maximum 30 students randomly selected, wait list catered for in terms 2 & 3.	Wednesdays 2.30pm-3.45pm	Undercroft	K.Bacon B110	\$30

## Clubs and Societies

Activity	When	Where	Teacher	Cost
<b>Debating- College team</b> Join the winning teams from previous years and continue the tradition. Prior debating experience is desirable.	Wednesday 2.30pm - 3.30pm	E408	E.Kearney E502 S.Gibson F202	Nil
<b>Exploring Christianity</b> What are your core beliefs? Does God exist – does it even matter? Come along with your questions and be prepared to join a healthy, open minded discussion as we explore our beliefs together.	Wednesday 2.30pm - 3.30pm	N102	C.Brett N102	Nil
<b>Hogwarts School of Witchcraft and Wizardry</b> Come along to be sorted into your house, discuss and participate in everything Harry Potter. Quizzes, Quidditch, games, wand making, food, feasts and prepare to take your O.W.L examinations.	Wednesday 2.30pm – 3.30pm	Library Seminar Room 1	S.Cameron F102 K.Berechree L204	\$5
<b>Student Leadership Group (SLG)</b> Do you have an idea that could improve College life? Do you want to be a leader but not sure how to develop your skills? Join the SLG to develop your confidence to speak at meetings and at assemblies, respond to student concerns, organise events and fundraisers, be part of projects around the College and do all this with a great team of young leaders.	1 lunchtime per week TBA	Library Boardroom	A.Romeo B304 H.Watts H102	Nil

## Music

Activity	When	Where	Teacher	Cost
<p><b>Concert Band</b> The Southern Colleges and UTAS Wind Ensemble is a large scale concert band open to musicians proficient on woodwind, brass, electric bass or percussion instruments. The ensemble is run in collaboration with Rosny, Hobart, Claremont Colleges and the Conservatorium of Music. Participants have the option of enrolling in a UTAS unit. The ensemble rehearses in two eight week blocks in line with university semesters and presents a number of performances throughout the year. Commitment to the band is required for the two eight week rehearsal/concert blocks.</p>	Thursday 4.00pm – 6.00pm	Conservatorium of Music.	L.Johnston E307	Nil
<p><b>Stage Band</b> The Stage Band is open to students who play trumpet, trombone, saxophone, guitar, piano, bass, drums as well as vocalists. The ensemble performs a wide range of styles from swing to funk and everything in between. Commitment to the band is required for the year.</p>	Wednesday 2.30pm - 4.00pm	E101	L.Johnston E307	Nil
<p><b>Small instrumental ensemble (wind)</b> This is an ensemble for students who already have a significant skill level on their instrument. The ensemble is open to students who play wind instruments and want to play in a small group. The ensemble will have a number of performance opportunities through the year.</p>	Friday 12.30-1.30pm	E313	J.MacDonald E306	Nil
<p><b>Small instrumental ensemble (string)</b> This is an ensemble for students who already have a significant skill level on their instrument. The ensemble is open to students who play string instruments and want to play in a small group. The ensemble will have a number of performance opportunities through the year.</p>	Friday 12.30-1.30pm	E408	A.Bainbridge E402	Nil
<p><b>Funk Ensemble</b> This is an ensemble for students who already have a significant skill level on their instrument. The ensemble is open to rhythm section, brass/sax players and vocalists. The ensemble will have a number of performance opportunities through the year.</p>	Tuesday 12.30-1.30pm tbc	E101	J.MacDonald E306	Nil
<p><b>Jazz Combo</b> This is an ensemble for students who already have a significant skill level, both on their instrument and within the jazz genre. The ensemble is open to rhythm section, brass/sax players and vocalists. The ensemble will have a number of performance opportunities through the year.</p>	Wednesday 12.30-1.30pm	E313	Y.Izumi E307	Nil
<p><b>Contemporary Vocal Ensemble</b> This course is available to all students. There will be a focus on blending voices and singing in harmony with repertoire chosen from contemporary genres.</p>	Wednesday 12.30 – 1.30pm	E408	K. Raucher E402	Nil

## Other Options

<b>Activity</b>	<b>When</b>	<b>Where</b>	<b>Teacher</b>	<b>Cost</b>
<b>A bite of China (舌尖上的中国)</b> This enrichment activity is not only about Chinese food, but also the origin of the food and its culture behind. There will be video clips, food and hands-on activities.	Tuesday lunch 12.30 – 1.30pm	First meeting F209 Domestic Kitchen	B.Xu H102	Nil
<b>Ceramics</b> An opportunity for students to enjoy hand building and learn about glaze technology.	Wednesdays 2.30pm - 4.00pm	B102	J.McDonald J.Morgans B214 D.Stolp N210	\$20/term or \$3/class
<b>Community Cooking</b> Cooking food for Food Bank with a little extra for you to enjoy.	Wednesdays 2.30pm-4.00pm Starting 22/2	B106 Kitchen	D.Gerke B110 T.Marshall B304	Nil
<b>Featured Dancers – For Production</b> Featured Dancers will be cast from the auditions for the College Production and required to attend these session as additional rehearsal time.	Tuesday Lunch/after school	Dance Studio Theatre	A.Knowles E306	Nil
<b>Featured Actors – For Production</b> Featured Actors/Main Speaking Roles will be cast from the auditions for the College Production and required to attend these session as additional rehearsal time.	Tuesday Lunch	Theatre	J.Wagner E307	Nil
<b>makerSpace</b> Digital electronics, Coding, Wi-Fi, Internet of Things, Arduinos, Photon Particles, Bluetooth modules, Apps, Robotics and more . Come along to makerSpace to design and build your own custom piece of technology.	Wednesdays 2.30pm – 4.00pm	T109	L.Yates T302 S.Dodge T302	\$15
<b>LAN Games</b> Bring your own portable devices if you desire. This will be a good setting to tee up a local LAN game, talk gaming tactics and make new friends.	Wednesday Lunch 12.30pm – 1.30pm	T301	L.MacDonald T302	Nil
<b>Learn to Knit</b> Practical Solutions! Want to learn how to knit a hat or a scarf, sew on a button, or take up a hem. Bring lunch and learn the basic things.	Wednesday Lunch 12.30pm – 1.30pm	D111	R.Davies F206	Nil
<b>Life Drawing</b> A must for all students wishing to learn how to draw and an opportunity for visual art students to build a substantial support folder for assessment. A Life model will be provided for each session.	Wednesday 2.30pm - 4.00pm	B213	J.McDonald J.Morgans B214 D.Stolp N210	Tba
<b>Musical Costuming</b> This is a class for Technical Theatre students who are wanting to extend their skills and knowledge in the area of costuming. Enrichment will be held in the theatre at a time to be negotiated.	TBA	Theatre	G.Perry E402	Nil

<p><b>School of Business</b>          Want to explore the world of business outside the classroom? Then enrol in the School of Business program. The program runs all year and you will have the opportunity to tour a variety of businesses, listen and network with industry leaders, attend business workshops and create and run your own business.</p>	Wednesdays 2.30pm - 4.30pm	T211	S.Oakden T307	Nil
<p><b>Theatre Performance Skill Development</b>          Students enrolled in Theatre Performance will also be required to participate in this course in addition to regular class time. Enhance vocal technique, strength conditioning for stage, character exploration.</p>	TBA - weekly meetings by arrangement.	Theatre	J.Wagner E307	Nil

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